

Symptoms List - Spanish

<p><b><i>Feel sad</i></b></p> <p><b>Encontrarse triste</b></p> <div style="border: 1px solid black; padding: 2px; display: inline-block; text-align: center;">                     0 1 2 3                 </div>	<p><b><i>Tearful</i></b></p> <p><b>Lloroso</b></p> <div style="border: 1px solid black; padding: 2px; display: inline-block; text-align: center;">                     0 1 2 3                 </div>	<p><b><i>No enjoyment</i></b></p> <p><b>No divertimento</b></p> <div style="border: 1px solid black; padding: 2px; display: inline-block; text-align: center;">                     0 1 2 3                 </div>	<p><b><i>Little interest in things</i></b></p> <p><b>Poco interes en las cosas</b></p> <div style="border: 1px solid black; padding: 2px; display: inline-block; text-align: center;">                     0 1 2 3                 </div>
<p><b><i>Waking up during the night</i></b></p> <p><b>Despertase durante la noche</b></p> <div style="border: 1px solid black; padding: 2px; display: inline-block; text-align: center;">                     0 1 2 3                 </div>	<p><b><i>Can't get to sleep</i></b></p> <p><b>No pode dormir</b></p> <div style="border: 1px solid black; padding: 2px; display: inline-block; text-align: center;">                     0 1 2 3                 </div>	<p><b><i>Wake early and can't get back to sleep</i></b></p> <p><b>Despierta temprano y no puede volver a dormir</b></p> <div style="border: 1px solid black; padding: 2px; display: inline-block; text-align: center;">                     0 1 2 3                 </div>	<p><b><i>Overeating</i></b></p> <p><b>Comen in exceso</b></p> <div style="border: 1px solid black; padding: 2px; display: inline-block; text-align: center;">                     0 1 2 3                 </div>
<p><b><i>Irritable</i></b></p> <p><b>Sentirse irritable</b></p> <div style="border: 1px solid black; padding: 2px; display: inline-block; text-align: center;">                     0 1 2 3                 </div>	<p><b><i>Don't want to see other people</i></b></p> <p><b>No quiero ver las otros personas</b></p> <div style="border: 1px solid black; padding: 2px; display: inline-block; text-align: center;">                     0 1 2 3                 </div>	<p><b><i>Can't concentrate or make decisions</i></b></p> <p><b>No puede concentrarse o tomar decisiones</b></p> <div style="border: 1px solid black; padding: 2px; display: inline-block; text-align: center;">                     0 1 2 3                 </div>	<p><b><i>Forgetful</i></b></p> <p><b>Olvidadiz</b></p> <div style="border: 1px solid black; padding: 2px; display: inline-block; text-align: center;">                     0 1 2 3                 </div>
<p><b><i>Feeling guilty</i></b></p> <p><b>Sentirse culpable</b></p> <div style="border: 1px solid black; padding: 2px; display: inline-block; text-align: center;">                     0 1 2 3                 </div>	<p><b><i>Blame myself for everything</i></b></p> <p><b>Echarse la culpa por todo</b></p> <div style="border: 1px solid black; padding: 2px; display: inline-block; text-align: center;">                     0 1 2 3                 </div>	<p><b><i>Feel bad about myself</i></b></p> <p><b>Sentirse mal conmigo mismo</b></p> <div style="border: 1px solid black; padding: 2px; display: inline-block; text-align: center;">                     0 1 2 3                 </div>	<p><b><i>Feel I have let other people down</i></b></p> <p><b>Siento que he dejado a otras personas</b></p> <div style="border: 1px solid black; padding: 2px; display: inline-block; text-align: center;">                     0 1 2 3                 </div>
<p><b><i>No energy</i></b></p> <p><b>Sin energia</b></p> <div style="border: 1px solid black; padding: 2px; display: inline-block; text-align: center;">                     0 1 2 3                 </div>	<p><b><i>Slowed down</i></b></p> <p><b>No pode hacer las cosas tan rapidamente</b></p> <div style="border: 1px solid black; padding: 2px; display: inline-block; text-align: center;">                     0 1 2 3                 </div>	<p><b><i>Feel life is not worth living</i></b></p> <p><b>Pensar que no vale la pena vivir</b></p> <div style="border: 1px solid black; padding: 2px; display: inline-block; text-align: center;">                     0 1 2 3                 </div>	<p><b><i>Problems at home</i></b></p> <p><b>Problemas en casa</b></p> <div style="border: 1px solid black; padding: 2px; display: inline-block; text-align: center;">                     0 1 2 3                 </div>

0 = Not at all

1 = Fewer than half the days this week

2 = More than half the days this week

3 = Almost every day this week