

Symptoms List - Portuguese

<p><b>Feel sad</b></p> <p>Sinto-me triste</p> <div style="border: 1px solid black; padding: 2px; display: inline-block; text-align: center;">                     0 1 2 3                 </div>	<p><b>Tearful</b></p> <p>Choroso</p> <div style="border: 1px solid black; padding: 2px; display: inline-block; text-align: center;">                     0 1 2 3                 </div>	<p><b>No enjoyment</b></p> <p>Sem prazer</p> <div style="border: 1px solid black; padding: 2px; display: inline-block; text-align: center;">                     0 1 2 3                 </div>	<p><b>Little interest in things</b></p> <p>Pouco interesse nas coisas</p> <div style="border: 1px solid black; padding: 2px; display: inline-block; text-align: center;">                     0 1 2 3                 </div>
<p><b>Waking up during the night</b></p> <p>Acordo durante a noite</p> <div style="border: 1px solid black; padding: 2px; display: inline-block; text-align: center;">                     0 1 2 3                 </div>	<p><b>Can't get to sleep</b></p> <p>Nao consigo dormir</p> <div style="border: 1px solid black; padding: 2px; display: inline-block; text-align: center;">                     0 1 2 3                 </div>	<p><b>Wake early and can't get back to sleep</b></p> <p>Acordo cedo e nao consigo voltar a dormir</p> <div style="border: 1px solid black; padding: 2px; display: inline-block; text-align: center;">                     0 1 2 3                 </div>	<p><b>Overeating</b></p> <p>Comer em excesso</p> <div style="border: 1px solid black; padding: 2px; display: inline-block; text-align: center;">                     0 1 2 3                 </div>
<p><b>Irritable</b></p> <p>Irritavel</p> <div style="border: 1px solid black; padding: 2px; display: inline-block; text-align: center;">                     0 1 2 3                 </div>	<p><b>Don't want to see other people</b></p> <p>No quero ver outras pessoas</p> <div style="border: 1px solid black; padding: 2px; display: inline-block; text-align: center;">                     0 1 2 3                 </div>	<p><b>Can't concentrate or make decisions</b></p> <p>Nao consigo concentrar ou tomar decisoes</p> <div style="border: 1px solid black; padding: 2px; display: inline-block; text-align: center;">                     0 1 2 3                 </div>	<p><b>Forgetful</b></p> <p>Esquecido</p> <div style="border: 1px solid black; padding: 2px; display: inline-block; text-align: center;">                     0 1 2 3                 </div>
<p><b>Feeling guilty</b></p> <p>Sentir-se culpado</p> <div style="border: 1px solid black; padding: 2px; display: inline-block; text-align: center;">                     0 1 2 3                 </div>	<p><b>Blame myself for everything</b></p> <p>Culpo-me por tudo</p> <div style="border: 1px solid black; padding: 2px; display: inline-block; text-align: center;">                     0 1 2 3                 </div>	<p><b>Feel bad about myself</b></p> <p>Sinto-me mal comigo mesmo</p> <div style="border: 1px solid black; padding: 2px; display: inline-block; text-align: center;">                     0 1 2 3                 </div>	<p><b>Feel I have let other people down</b></p> <p>Sinto que deixei as pessoas em baixo</p> <div style="border: 1px solid black; padding: 2px; display: inline-block; text-align: center;">                     0 1 2 3                 </div>
<p><b>No energy</b></p> <p>Sem energia</p> <div style="border: 1px solid black; padding: 2px; display: inline-block; text-align: center;">                     0 1 2 3                 </div>	<p><b>Slowed down</b></p> <p>Abrandou</p> <div style="border: 1px solid black; padding: 2px; display: inline-block; text-align: center;">                     0 1 2 3                 </div>	<p><b>Feel life is not worth living</b></p> <p>Pensar que nao vale a pena viver a vida</p> <div style="border: 1px solid black; padding: 2px; display: inline-block; text-align: center;">                     0 1 2 3                 </div>	<p><b>Problems at home</b></p> <p>Problemas em casa</p> <div style="border: 1px solid black; padding: 2px; display: inline-block; text-align: center;">                     0 1 2 3                 </div>

0 = Not at all

1 = Fewer than half the days this week

2 = More than half the days this week

3 = Almost every day this week