

IPT Specialist interest Group in Perinatal and Infant Mental Health

Structure of meeting – Introductions and planning-	
Tuesday 20th July 2021- Microsoft Teams 9.30-10.30	
1. Introductions:	
	<p>Attendees:</p> <p>Jarna Bennett Angela Wood Lindsey Robins Belinda Borries Jan Rigby Kirstie Phipps</p> <p>Apologies: Jules Townsend</p>
2. Application of IPT model Perinatal	
3. Case presentations (confidentiality)	
4. Sharing resources	
5. CPD/ Research	
6.	
7. Any Other Business	
A)	First SIG today, thought about what clinicians would like out of space. Opportunity to learn, share and connect with others using IPT in perinatal team
B)	Thought about frequency and structure of SIG- 6-8 weekly online. Would like to think about application and case examples.
C)	Interest in IPT for PTSD in perinatal period
D)	Next meeting 28 th September

Date	Actions	Completed
20/07/21	Kirstie to send minutes and next meeting invite	Yes.
17/08/21	Volunteer for chair/ next facilitator for shared space	

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