

IPT West Midlands

6 Monthly Report Nov 2018-May 2019

CPD Activity

November 2018 – CPD Training was provided by IPT West Midlands who also train across Central Midlands and East. A one day workshop was delivered in the Introduction to IPT and Medically Unexplained Symptoms. The training took place at Lincolnshire Partnership IAPT Service in Sleaford.

December 2018 – Educational Network Meeting was held at St Georges, Stafford. The topic for this event was **The Therapeutic Relationship in IPT**. IPT practitioners and trainee practitioners attended this event.

December 2018 – Follow-up practitioner training/additional follow-up day, which was open to all across the UK who are undergoing level B accreditation

January 2019 – CPD Training was provided by IPT West Midlands in Working with the Older Adults in IPT. This event was attended by counsellors, IPT therapists, and those working in the Older Adults Services across Lincolnshire.

April 2019 – Full day event - Educational Network Meeting in Derby was held and workshop delivered on **Working with Affect in IPT**. Jonny Sibring is now the facilitator of future IPT Derby CPD events. Please refer to the website for further information.

Training Events

Advanced Practitioner/Supervisor Training commenced in January 2019 – 10 trainees have been accepted on this course. Training days were Jan/Feb/Mar/Apr/May and one final date in Sept 2019.

Two day Refresher Training

February 2019 - This event was attended by practitioners, advanced practitioners and supervisors wishing to update their knowledge and skills in IPT. This event was attended 15 practitioners and supervisors. The event was held in St Georges, Stafford.

Forthcoming Training Events for the period June – December 2019

June 2019 – We are holding a Supervisors Refresher Course at our Headquarters in Shrewsbury. This event is already full and we are unable to accommodate any more. For any supervisors who have not updated or attended refresher training in supervision in the past 12 months, and wish to, please contact ipt.westmidlands@nhs.net The next event can be held at our other bases in either Stafford or Leicester.

Sept-Oct 2019 – Our next intake of level A trainees will take place at the end of September in **Leicester**. We have 18 funded places available on this course. Please apply early if you are thinking of applying, as funding is limited and last year we were oversubscribed. There is funding available if you work in the East, West Midlands or East Anglia regions and work in an NHS setting. Please note that priority will be given to those who work in an IAPT service. This is an IAPT compliant course.

October 2019 Our next intake of Level A trainees in **Stafford** at our training centre. We have 16 funded places available on this course. Please apply early if you are thinking of applying, as funding is limited and last year we were oversubscribed. There is funding available if you work in the East, West Midlands or East Anglia regions and work in an NHS setting. Please note that priority will be given to those who work in an IAPT service.

For those who are not eligible for funding can apply to come onto our courses, but will need to pay for this training. Places are available at either at Leicester or Stafford. Please contact ipt.westmidlands@nhs.net for further information. Please state at the time as the application pack is different to the one where funding is being provided.

Future CPD events

September – Stafford – Working with the Older Adults in IPT

December – Stafford – Working with Therapeutic Ruptures in Supervision

For further information on any of our events please contact ipt.westmidlands@nhs.net Our programme of events is available on the [iptuk website](#).