

# **South West Regional IPTUK Updates for 10.05. 2019 York IPTUK Network Meeting**

## **Gloucestershire**

Julia Fox-Clinch Senior Clinician Specialist – Eating Disorders at NHS & IPTUK SW Rep,  
(WAA, IAPT & IPT-A CYPS Accredited Supervisor and Practitioner)

- The next regional SW IPTUK CPD day TBA. Please contact me with requests for the agenda items as we are currently compiling subjects to present/discuss. There is a monthly peer IPT supervision group for IPT trainees, practitioners and supervisors at The Brownhill Centre, Cheltenham, the third Friday 9:30am – 11am each month. All IPT Practitioners welcome. Email for details

[Julia.Fox-Clinch@nhs.net](mailto:Julia.Fox-Clinch@nhs.net)

- Julia always holds a clinical caseload of IPT and IPT-A patients with eating disorder (and depression in some cases).
- Julia Fox-Clinch and Zoe Hepburn are writing up our IPT-G Binge Eating Disorder Group findings .
- Julia currently also supervises trainee clinicians through Level B WAA, CYPS, (non IAPT and IAPT) IPT across other IPTUK courses covering CYPS and WAA services and offers telephone supervision for Level C IPT Practitioners by arrangement and talks monthly by conference call with SW Supervisors
- She participates in telephone conferencing/ supervision ongoing with IPTUK SW Region Third Thursday of the month 8.30am.

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Julia Fox-Clinch  
Senior Clinician Eating Disorders  
The Eating Disorders Service  
The Brownhill Centre  
St Pauls Medical Site  
Cheltenham  
GL51 9EZ  
Tel : 01242 634242

## **Devon**

- Hazel holds a clinical caseload of IPT patients and is supervising IPT Level B trainees.
- She participates in telephone conferencing/ supervision ongoing with IPTUK SW Region Third Thursday of the month 8.30am.

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Hazel Maxwell-Payne UKCP Reg Psychotherapeutic Counsellor  
Clinical Lead Primary Care Counselling East Devon  
EMDR UK & Ireland Accredited  
IPTUK Accredited Practitioner and Supervisor

Paula holds a caseload of IPT clients and is supervising IPT trainees.

Paula May BACP & IPT Supervisor Accredited  
Devon Partnership Trust NHS  
South and West Depression & Anxiety Service

### **Wiltshire**

- Kate Halliday continues to supervise trainees in Wiltshire to progress through to accreditation. She participates in telephone conferencing/ supervision ongoing with IPTUK SW Region Third Thursday of the month 8.30am

Kate Halliday  
Trainee Cognitive Behavioural Therapist  
Accredited Interpersonal Therapy Practitioner & Supervisor  
Heathwood, Fountain Way,  
Salisbury SP2 7FD

The Wiltshire IAPT Service,  
Lodge 3, Green Lane Hospital,  
Marshall Road, Devizes, SN10 5DS  
01380 731335  
<https://iapt-wilts.awp.nhs.uk>  
[awp.wilts-iapt@nhs.net](mailto:awp.wilts-iapt@nhs.net)

### **Dorset**

Frankie van Beek – holds within her caseload, IPT clients (numbers vary) and participates in telephone conferencing/ supervision ongoing with IPTUK SW Region Third Thursday of the month 8.30am



Steps2Wellbeing  
18 Tower Road  
Bournemouth  
BH1 4LB

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Psychological Therapist  
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