

## **IPT Scotland CPD Strategy**

In order to meet IPT UK accreditation requirements, IPT practitioners and supervisors are required to access CPD twice a year. IPT Scotland are committed to ensuring that their network members have access to high quality CPD through a range of mediums by hosting a minimum of two Scottish events per year. IPT UK have committed to fund Scottish events with the agreement that IPT UK members from other regions are offered access to the event via webinar or if possible through a small number of “in person” places. The University of Edinburgh continue to host our CPD events providing venues free of charge. Events are free to IPT UK members with a charge of £20 to non-members. We aim to keep events as affordable as possible.

### **Over the last year the following events have been held:**

- October 2018 – Sold out CPD Event with local and external speakers. This event was attended by 97 delegates from across Scotland. Feedback was exceptional (see attached poster).
- February 2019 – CPD event for experienced IPT Supervisors. This event was an opportunity for current supervisors to familiarise themselves with IPT UK accreditation standards, practice using the appropriate paperwork and raise any issues or questions. Twelve supervisors attended and it was agreed that following the event a National Peer Supervisor Support Network would be created.
- April 2019 - Sold out CPD Event including a morning of 6 workshops run by local IPT Supervisors and an afternoon session with an external speaker. Eighty two people attended the event in person and for the first time we were able to broadcast the event via webinar to 38 people. One hundred and twenty people attended in total, feedback is still being collated but looks very positive.

### **Plan for the rest of the 2019:**

- November 2019 – Deliver a one day master class on using Mentalizing Techniques in IPT Sessions. We aim to have a maximum of 60 “in person” places with additional capacity for delegates to attend a local webinar hub. A webinar hub will be a local venue broadcasting the webinar where delegates can view the teaching parts of the master class and work with colleagues during the workshop parts of the day.

### **Access to IPT UK Events**

As well as Scottish events, IPT UK members have access to two free additional events CPD events per year. Whilst these are usually held in England, webinar access is also available.