



## Regional Reports

### 1. IPT Edinburgh/IPT Scotland Regional Report

In continuation of our developments we have now established IPT training at the University of Edinburgh, including IPT introductory training for IPT and IPT-A, as well as corresponding supervised practice courses, leading to practitioner standard and from later this year we also offer an annual supervision course, with supervised practice for practitioners to fulfil supervisor standards and criteria. This is offered as the IPT pathway of our MSc in psychological therapies and individuals can complete their IPT training as CPD or to degree level for a PG diploma and Masters degree in psychological therapies (IPT).

For some years now we also offer the full IPT introductory training as part of the Clinical Psychology Doctorate training programmes in Edinburgh and Glasgow, as part of this development we also identified IPT specific specialist placements in their third year of training which will allow some trainees on the doctorates to work towards practitioner status.

We are keen to grow the group of trainers and supervisors; NES has recently funded a number of practitioners to train to supervisor level which will go some way in addressing the bottleneck provided by lack of supervision capacity in NHS board areas. The funding came with funding for backfill to allow people the time to train and with an agreement that once accredited as supervisors people funded by NES will provide local supervision for colleagues in their board area to train as practitioners.

We are also training a number of new trainers who will hopefully submit their portfolios over the next 6 months, these are Emily Taylor and Katie Jane O'Kane. Joining the existing group of trainers, consisting of Fiona Duffy, Ricard Taylor, Patricia Graham, Morag Osborne, Lorna Champion, Pauline Hogarth and Matthias Schwannauer.

It is fair to say that IPT Scotland as a group of IPT practitioners and supervisors found it difficult to establish a clear organisational structure. It became established as a formal charity but due to key personnel changes and retirements etc. this was not sustainable. IPT Scotland is now again a special interest group which will provide annual CPD opportunity and facilitate IPT network meetings bi annually.

In recent years the IPT Scotland group and the group of trainers within it also acted as an accreditation group and have processed a number of practitioner and supervisor portfolios, these were all rated by two IPT trainers. As a result there are IPT practitioners and some IPT supervisors who may not have registered with IPT UK but have been accredited in good faith following the IPT UK criteria and joined the IPT Scotland register of practitioners and supervisors. A recent discussion of the IPT Scotland group found this to be unsustainable, especially in the context of IPT supervisors needing to be members of IPT UK for their supervision to be recognised by IPT UK.

I therefore bring a proposal from the IPT Scotland group for consideration that we merge the current IPT Scotland register with IPT UK registers of practitioners and supervisors and that from now on all IPT supervisors become accredited with IPT UK and join IPT UK as members to ensure their supervision and training of practitioners to follow the same standards as IPT UK.

Matthias Schwannauer, Edinburgh

## 2. IAPT Report

### Adult IAPT

#### London

##### **Practitioner training course, October 2016**

14 IAPT trainees

1 delayed training casework due to taking on an interim management post  
Follow up training conducted in March – 24 attended (combined IPT and IPT-A)

##### **Practitioner training course, November 2016**

9 IAPT trainees across 3 services aligned with IAPT  
2 trainees withdrew, 1 will interrupt training for maternity leave  
6 are completing training cases  
Follow up day scheduled for June

##### **Supervisor training course, February 2017**

7 trainees (2 CYP IAPT, 5 adult IAPT)  
All have progress to supervised casework and are being supervised by supervisors from across the country  
Supervisors new to this level of training are receiving monthly supervision from RL and all provide monthly reports of progress

##### **IPT for PWP, March 2017**

50 attended, including several full teams and service supervisors. Feedback was excellent and very enthusiastic.  
Training was delivered by Roslyn Law, Yvonne Hemming (Step 2 manager) and Annie Waring (Step 2 supervisor)  
RL and AW are on a steering group to develop a bid for a RfPB trial of IPC delivered by PWS as requested by the IAPT Action for Change Committee. The aim is to explore the potential to include IPC at Step 2. Several services have volunteered to participate in the trial if it is funded.

##### **FB-IPT Supervision**

3 therapists have been receiving weekly supervision from Laura Dietz on two cases each. One more had to drop out of this supervision.  
RL is providing supervision for two more supervisors from the London and South Eats CYPIAPT course under Laura's continued supervision

##### **CYP IAPT training 2017-2019**

16 students started training in January. One has withdrawn due to changing post.  
First part time course and first course with monthly face to face practice tutor groups.

AFNCCF has secured funding for national supervisor training for CYP IAPT and is developing a national programme of local champion sites. Stakeholder discussions are starting now.

**Leeds**

17 applications for practitioner training in Dec 2016  
All have progressed to supervised casework

**Supervising the supervisor training, March 2017**

5/6 places taken, all now supervising new supervisor trainees with supervision from RL

**Supervisor training**

5/6 places taken, all now completing cases 5 and 6  
2 from CYP IAPT (Manchester), 3 from adult IAPT services

**West Midlands**

See West Midlands report

**North East**

No information provided. See North East report

**Surrey**

2 IAPT staff attended a course delivered in Newcastle and are believed to have taken on cases with local supervisors.

**IAPT trainers are reminded that providing a full training and supervision package, including pre-course selection, training days and supervised casework, is compulsory for all trainees attending from IAPT services, and progress must be closely monitored by the training provider.**

RL has been invited a meeting with Peter Fonagy and David Clark to discuss the future of IPT training.

### 3. London Report

Yvonne Hemmings has successfully completed trainer accreditation and will be joining the AFC training team. We are absolutely delighted.

IPT London continues to meet quarterly. Next meeting is on 21<sup>st</sup> June. RL will present on critiquing research papers and FB-IPT.

Date: Wednesday 21<sup>st</sup> June

Time: 1.30pm – 4.30pm

Venue: KCL Waterloo Campus, Franklin Wilkins Building 1.13 ([map here](#))

Roslyn Law

Critiquing research papers

FB IPT

Monday 11<sup>th</sup> December 2017: 1.30pm – 4.30pm

Eating Disorders Suzanne Cooper-Newark

Young people's experience of depression – a qualitative analysis from the IMPACT study (TBC) Joe Hickey

Friday 23<sup>rd</sup> March 2018: 9.30am – 12.30pm

Qualitative Analysis from the IMPACT study (TBC)

Attachment theory paper Ellen Heralall (TBC)

#### AFNCCF Training

We continue to provide a full range of Practitioner, Supervisor and refresher training, with a new cohort of each currently in training.

RL continues to provide IAPT Practitioner and Supervisor training for North West and Yorkshire and Humberside trainees in NSCAP, Leeds.

RL was pleased to join the CYP IAPT training at University of Manchester to review Jamie Barsky completing his first solo training. Jamie successfully completed the training, with support from Kat Tidswell and completed his trainer accreditation. Congratulations, Jamie.

#### 4. North-East regional report

IPT holds a consistent and steady interest in the North East. The bimonthly regional meetings show increasing attendance with the educational aspect well received. There are good contributions from a range of willing therapists. The details of this are in the table below. A colleague from NW ( Jenny Stanford) is coming to the NE regional meeting to talk about her experiences of IPT in secondary care. This is a really nice opportunity to expand the use of regional networks and make the most of our skills nationally.

Courses summary:

- Courses conducted since Nov 2016 – 1 Practitioner course and 1 supervisor course
- Numbers attending – 8 on practitioner course and 3 on supervisor course
- Numbers progressing to training – all from above courses
- Numbers accredited since Nov 2016 – 8 practitioners and 1 supervisor

There was an IAPT IPT Practitioner course in March 2017 with 8 places taken.

The IPT supervisors course ran in March 2017 ( with 4 funded places). This had to be rescheduled from November 2016 due to low number so applicants. There were 3 places taken.

The CYP IAPT IPT A training course did not get the numbers to run in 2017 as staff were not being released from organisations.

The local contact for HENE commissioner is about to leave and there is no alternate contact as yet. There has been a request for 12 practitioner and 4 supervisor training places for next year but no confirmation as yet this has been funded. Maintaining interest and momentum to apply for training places is an issue.

#### DURHAM REGIONAL MEETINGS

<b>Date</b>	<b>Time</b>	<b>Presentation</b>	<b>Facilitator</b>
Thursday 9 <sup>th</sup> February 2017	9-10.30am	Supervision in IPT	Fiona Brennan and Liz Robinson
Monday 10 <sup>th</sup> April 2017	3.30-5pm	Group IPT for borderline personality disorder	Mel Temple, York

Wednesday 7 <sup>th</sup> June 2017	11.30-2pm	Using IPT in secondary primary care – please note this is 2.5 hours CPD	Jenny Stanford, Manchester
Tuesday 8 <sup>th</sup> August 2017	3-4.30pm	IPT for groups	Richard Duggins Newcastle
Thursday 12 <sup>th</sup> October 2017	9-10.30am	FB IPT – case examples	Liz Robinson Durham
Wednesday 13 <sup>th</sup> December 2017	3-4.30pm	IPT for trauma – casework	Heather Field and Fiona Brennan

## 5. Treasurer Report

We have continuing support from the accountant Mrs Caroline Bannister who monitors accounts and deals with payroll for administrators. The second year of accounts will be taken to her after end July which is IPT UK Financial year end. There will be a report provided for IPT UK as well as the submission of the tax return to HMRC. This report will be made available for November's IPTUK 2017 meeting

There are still only 2 registered directors for IPT UK (ER and RL) with limited liability (£1) The accountant did raise the issue that there are usually more than 2 directors in a Company. It would be helpful to have others consider this position? Please can this be discussed as a significant issue in the meeting.

- Income over last 12 months: £21,315.66
- Expenditure over last 12 months: £9022.69
- Current balance in IPT UK (as of 7.5.17): £31003.56

### Income generated through member fees

	<b>Numbers</b>	<b>Income</b>
basic members	172 @ £75	£12,900
Members plus	61 @ £100 Plus 14 through Training institutions	£6100
training institutions	6 @ £500	£3000
<b>TOTAL</b>		<b>£22,000</b>

Questions – issues to raise in meeting:

**Pensions-** According to accountant rules change and take place later this year and we will be guided by her.

**Administrator changes-** Flora was offered a job wither previous employer and has agreed to do this. Billie has kindly agreed to cover until another administrator starts work end June. Many thanks to Flora for her input and to Billie for her ongoing work.

**Insurance protection?**

**Ongoing ways to generate income**

- Member fees
- Course/training – annual conference?

## **6. Northern Ireland**

The main news from N.Ireland is that the Regional Health Board has agreed to fund the training of a further cadre of up to 12 practitioners.

Those who commenced training in autumn 2015 are nearing the end of their training and we are hoping that at least one and possibly more will undertake supervisor training.

The Board has indicated its support/ encouragement for Trusts to nurture the new practitioners and ensure that they are able to practise IPT and maintain CPD.

I have just contacted all five Trusts in N.I. and invited myself to come and meet them; so far there has been a positive response.

Lorraine and I have offered to provide brief (one hour, 3 hours or a full day) seminars in each of the Trusts. There is an all Ireland meeting in Mullingar on May 20.

Philip and Lorraine will both be in Toronto.

Philip McGarry

## **7. Norfolk and Suffolk Update**

Dear IPT UK,

Thank you for sending me the contact details of other IPT people in the East Anglia region. I am in the process of contacting them with the aim of setting up a yearly regional IPT interest group and I hope to get information on regional developments for future regional reports.

With regard to Norfolk & Suffolk Mental Health Trust we have one supervisor/trainer Viktoria Cestaro and two further supervisors myself and Conrad Barnard. I believe we currently have 7 level B accredited therapists, 2 Level B and IPT A trained therapists and 1 IPT A therapist. We also have a number of people who have completed the five day introductory training, one of whom is completing her third case towards accreditation.

We hold quarterly IPT interests groups with a CPD element and monthly locality based supervision groups. There are also many individual supervision sessions being offered.

As you know last June Greg Hinrichsen came over to provide a two day intensive introductory training for 16 non-IAPT psychologists and psychotherapists. The aim of this training was for experienced therapists to learn the basics of the model. A number of attendees plan to go down the accreditation route and a number are taking on practice cases under supervision.

Also I'm assuming that you are aware of the IPC pilot in Suffolk & the plans for a comparison trial between IPT and CBT for 12 to 18 year olds in Norfolk & Suffolk. I am sure Ros is the best person to feedback further on this.

## 8. North West Report

- Dr Samantha Fitzpatrick took over from Mike Day in September 2016. Very unexpected as I (Sam F) was only hosting for Jennie Stanford or Jamie Barsky who couldn't make it! Anyway, I have hosted two meetings now, moving from a Knowsley venue to St Helens due to non-availability of Knowsley rooms but all agreed St Helens more central for people.
- Fairly well attended with average of figs at 16 attendees with apologies averaging six. Would value advice re widening attendance.
- CPD going well with previous talks on mentalisation and IPT, perinatal care and IPT, attachment theory and IPT plus an in-depth case study. CPD has been well received by all attendees. At our next event we will be learning about IPT and its application in an eating disorder service.
- We have set agenda points including training and supervision, IPTUK feedback, CPD and AOB.
- IPTUK training was discussed in our last meeting. We were grateful for the opportunity of supervision training arranged by Ros but unfortunately the feedback came that it had been offered a little too late in the day for most people although an IPT practitioner from Knowsley, Julie Mason, had taken up a place this year. Four people expressed an interest in attending training next year (if available). We discussed the commitment needed to attend supervisor training.
- Further training was considered and we would like to know if training for IPT-B or IPT for trauma might be available.
- Geographically, NW IPTUK feel a little disadvantaged as most training appears to be in the South. We often discuss whether speakers could make their way 'up North' to give a talk on a relevant subject.
- Attendees have expressed the usefulness of advanced top-up workshops and wondered whether any might be conducted 'up North'.
- Jamie Barsky is currently running course IPT-A in NW and we have Fiona Marshall training/trained in IPT-A supervision via IAPT funding in NW.
- Discussed IPTUK website – practitioners discussed NW IPTUK not registered on the website. We wondered what else may be on offer for practitioners to encourage them to register and pay the fee.
- In NW, we have PPN, run by Clare Baguley. I am in the process of contacting her re funding for IPT training/registration.
- From a personal point of view, I have moved from IAPT to an early intervention for first episode psychosis team and for this reason I am very interested in learning about how IPT for psychosis is developing via Prof Matthias. I have contacted him directly to discuss the project based at the University of Edinburgh. I would also be interested in learning more about IPSRT for bipolar affective disorder.

## **9. Surrey Report**

The centre continues to provide supervision to people who are either practising IPT therapists or are conducting their practitioner/supervisor/group training. Due to previous low attendance and funding issues/staff time, a regional meeting has not taken place since the last IPT-UK meeting.

### Training events

Susan Howard provided ran a level A training in Wales, staff members from a number of NHS Trusts attended. Another Level A course was provided by Susan Howard in Newcastle.

### New training course

The University of Surrey has approved plans to provide a new part-time training for people without a core profession in mental health to train as an IPT therapists working with adults. This course will include training in core therapy skills.

### Research

Dr Linda Morison at Surrey is leading on a systematic review of IPC interventions

## 10. South West Report

The SW Region has a monthly peer supervision groups throughout the SW.

### 1. Gloucestershire

The peer supervision group in Cheltenham , Gloucestershire is open to anyone trained in IPT and local enough to attend or call in. Current senior members cover specialties including Working Age Adult, Children and Young People Services, Eating Disorders, IAPT Let's Talk, Psychological Therapies and Primary Care and this has been facilitated by Julia Fox-Clinch since 2000. Julia always has a caseload of patients with Eating Disorders / Depression who benefit from IPT or IPT-A (12-20 sessions) or longer if IPT-M, and she works with patients in CYPS and Adult services. She is also researching the efficacy of group interpersonal psychotherapy; IPT- G for Binge Eaters, with her IPT and Senior Eating Disorders colleague Zoe Hepburn. This will be written up when sufficient groups have been run. We are currently recruiting for our fourth group and are getting promising results.

- Next IPT Peer Supervision date Thursday 22 June 2017 9.30-11am Brownhill, Cheltenham.

Listen to our broadcast on iPM Radio 4 a discussion on Binge Eating with patients transmitted 26 August 2016, [www.bbc.co.uk](http://www.bbc.co.uk)

Julia is also an IPT Supervisor of trainees who have completed Level A on one of the IPTUK Level B Courses and is currently supervising two trainees and externally rating another couple.

In addition, Julia Fox-Clinch is on the IPTUK Training Committee and is the IPTUK Southwest Rep and coordinates bi annual CPD days encouraging the development of IPT with IPT Practitioners and supervisors - see Julia Fox-Clinch LinkedIn for details. The next CPD day is scheduled for 4th July 2017, and hosted by Kate Halliday, see further details below.

### IPTUK South West CPD Event Tuesday 4th July 2017

The date for our next CPD event has been rearranged for 4th July 2017 in order to accommodate newly qualified IPTUK practitioners and trainees. This time, it will kindly be hosted in Salisbury, Wiltshire by our colleague IPTUK Supervisor and Practitioner OT Kate Halliday. All welcome.

We are in the process of fine tuning the themes and we want to welcome new members to our Regional South and South West IPTUK network and so will naturally involve work on Keeping IPT Supervision Developing and Flourishing outside of the Training Hubs. We are keen develop further and have been thriving for 17 years, here in the South West UK!

Please register your interest now by emailing me at [Julia.Fox-Clinch@nhs.net](mailto:Julia.Fox-Clinch@nhs.net) and [katehalliday@nhs.net](mailto:katehalliday@nhs.net) , and please include any requests or suggestions. This day will be free to IPTUK members. Details to follow.

Julia Fox-Clinch

SW Regional Rep WAA ,CYPS & IAPT Accredited IPT Supervisor and Practitioner

Clinical Specialist Eating Disorders  
The Eating Disorders Service  
The Brownhill Centre  
St Pauls Medical Site  
Cheltenham  
GL51 9EZ  
Tel : 01242 634242

## 2. Wiltshire- CPD day for Southwest coordinator

Wiltshire IAPT update:

Just one IPT Practitioner in the service (Kate Halliday) since Jess Mullan left.  
Still able to offer full IPT treatment of 16 sessions.

Demand is outstripping capacity which has increased wait-times for patients.  
Our Head of Service is aware of our need for another IPT Practitioner (recent NHS England visit recommended this too) but the challenge is to find the money to fund the training.

Kate Halliday  
Wiltshire IAPT Cluster Lead (Sarum)  
Accredited Interpersonal Therapy Practitioner and Supervisor  
Wiltshire IAPT Service  
Heathwood  
Fountain Way  
Wilton Road  
Salisbury SP2 7FD  
Main office (Devizes): 01380 731335  
[www.iapt-wilts.awp.nhs.uk](http://www.iapt-wilts.awp.nhs.uk)

## 3. East Devon

- Hazel Maxwell-Payne is coordinating Level A IPT Training lead by Level E IPT Trainer, Dr. Liz Robinson date TBA.
- An IPTUK Supervisors' Refresher Course lead by Level E Trainer Dr Susan Howard of Surrey and Sussex University. The Supervisor Refresher Course is booked for 11-09-2017. Contact Hazel by member mobile below.

Trainings will take place at Exeter University.

Hazel is also willing to fund a website through the company she uses to promote IPT in the southwest.  
We will discuss this at our CPD and we will liaise with IPTUK.

Hazel Maxwell-Payne UKCP Accredited Psychotherapeutic Counsellor &  
Supervisor IPTUK Accredited Psychotherapist & Supervisor EMDR UK  
Member Mobile [07921762969](tel:07921762969)

#### 4. Somerset

Dr Peter Shepard will present a CPD piece on 4 July 2017 on Therapist Drift tailored to IPT-specific issues and to meet some of the interests of the attendees.

With respect to IPT activities in Somerset, Jon and Peter continue to offer IPT on a regular basis and between the two of them, around 12 persons are currently (and at any given time) receiving the treatment. With Peter's return to a predominantly clinical role over the next few weeks, he expects to be able to take on more IPT clients, so that this number will increase.

Dr Peter Shepard  
Consultant Psychologist  
Psychological Therapists Lead  
Accredited IPT Practitioner and Supervisor  
Talking Therapies Service  
Somerset Partnership NHS Foundation Trust  
Bracken House Crewkerne Road Chard Somerset TA20 1YA  
Tel: 01460 238756

#### 5. Bournemouth and Christchurch, Dorset Health Care University NHSFT

Bournemouth and Christchurch IAPT service have an accredited IPT supervisor and practitioner; another practitioner who gained his IPT accreditation last year; and a practitioner working towards accreditation and nearing the end of the process. We currently average probably 4 or 5 IPT clients on our caseload at any one time - this will probably increase slightly when the third practitioner gains his accreditation status.

Frankie van Beek  
Psychological Therapist  
Steps 2 Wellbeing Service  
Dorset Health Care University NHS Foundation Trust  
Bournemouth and Christchurch  
18 Tower Road  
Bournemouth  
BH1 4LB  
Tel: 01202 399506  
Email: [frankie.vanbeek@nhs.net](mailto:frankie.vanbeek@nhs.net)

Web: [www.dorsethealthcare.nhs.uk](http://www.dorsethealthcare.nhs.uk)

#### 6. Oxford Health NHS FT

Oxford Health NHS has two areas Bucks and Oxford.

Bucks has two accredited IPT practitioners in the IAPT Service and two trainees.

Bucks has one accredited supervisor and practitioner (for in both individual and group IPT) and two trainees in the Step Four Service.

As well as seeing individual clients, Bucks also runs an IPT group across Steps Three and Four with 7 to 9 clients per group.

Michele Burden

Accredited IPT therapist – Individual and Group, Accredited Supervisor  
Psychological Services North Bucks  
Oxford Health NHS Foundation Trust  
The Whiteleaf Centre, Bierton Road, Aylesbury, Bucks. HP20 1EG

Email: [michele.burden@oxfordhealth.nhs.uk](mailto:michele.burden@oxfordhealth.nhs.uk)  
Tel: 01865 901 620

## 7. IPT Oxfordshire IAPT

IPT Lead Stephen Reynolds

We have currently four IPT trained therapists which includes two supervisors currently supervising trainees.

We have two trainees in the service and also a trainee supervisor

We are only trained to treat people with moderate to severe depression in IAPT

Peer Group supervision

We have monthly peer group meetings at TalkingSpace Plus in Oxford which can include other IPT therapists not working in an IAPT service, who are local enough to attend.

CPD

Chris Elliott-Rayer (IPT therapist and Supervisor) from Berkshire IAPT is organising a 1 day event this year details yet to be announced. Therapist across Bucks, Oxford and Berks will be informed.

Stephen Reynolds

Accredited IPT therapist and IPT lead  
Counselling Psychologist/Clinical Supervisor  
TalkingSpace Plus-01865 910222  
Oxford Health NHS Foundation Trust

Email: [stephen.reynolds@oxfordhealth.nhs.uk](mailto:stephen.reynolds@oxfordhealth.nhs.uk)  
Mobile: 07767 008 336

## 11. West Midlands Report

Advanced/Supervisor Training Course commenced in December 2017 in Stafford at St Georges. There are 10 people on the course, 6 funded by H.E.E.W.M. and 3 from H.E.E.E.M. and 1 self-funded.

IAPT IPT Practitioner Training Course commenced in February this year in Stafford at St Georges. 8 places were funded by H.E.E.W.M. and 2 from H.E.E.E.M. 3 further places were taken up by Oxford NHS Trust.

Only 1 person has decided not to proceed with the IPTUK accreditation.

### Educational Network Meetings – This year

All meetings commence with discussing issues related to IPTUK legislation, paperwork, and current topics and give people the opportunity to raise issues that are of concern. This is then followed by an educational topic that is related to IPT.

March – Domestic Abuse and IPT – led by Lorraine Manley and Tina Garamszegi

May - Perinatal Mental Health and IPT – to be led by Marie Wardle

Sept - Medically Unexplained Symptoms – Dr Laura Stevenson and Marie Wardle

We may run one in December, but this has not been booked to date.

These Educational Network meetings continue to be well supported and all are welcome to attend.

Invitations go out to all those who are on our mailing list (anyone can be added by emailing Liz Jones, Course Administrator for [ipt.westmidlands@nhs.net](mailto:ipt.westmidlands@nhs.net)). We also advertise on the IPTUK website.

### Supervisor Refresher Day

8<sup>th</sup> May – 8 people are booked onto the course (as at the 25 April – this may increase).

Outline for the refresher day:

- Update on paperwork and recent legislation changes in IPTUK
- Handbooks – updated (Lorraine has brought a copies of our handbooks)
- The application process – updates and improvements in forms and advertising
- Developments, adaptations and progress in working with IPT
- Table top discussions on working with perinatal mental health, medically unexplained symptoms
- Dual focus, long-term conditions and MBT with sensitives.
- Rating student work, how accurate are we? How do we approach differences in rating student work? Experiential exercise.

### H.E.E. West Midlands

The funding for the year 2017-2018 will remain at the same level as previous years, i.e. 18 funded places at practitioner level and 6 at Advanced/Supervisor level. Two training courses will run as usual, one in September and the following year in March 2018. The supervisor course will run again from January 2018.

We are still awaiting confirmation of the funding for H.E.E.East Midlands.

Derby Conference in March – Attended and presented IPT West Midlands Training Team – attended by Heather Morgan and Marie Wardle – Programme of events attached.

### **May 2018**

In May 2018 IPT West Midlands are due to present the educational training for the IPTUK national programme. The topic will be perinatal depression and IPT. It is hoped that several of the IPT Team will attend for this training event. Please could this be advertised on the IPTUK website.

## IPT West Midlands Programme of Training Events - Sept 2016- Dec 2017

The courses are held in the Training Centre at St Georges Hospital, South Staffs & Shropshire Healthcare Foundation Trust HQ in Stafford. Where external courses are held in Nottingham these are stated and marked in red.

For more information about these training events, please contact our Programme Administrator, Liz Jones at [ipt.westmidlands@nhs.net](mailto:ipt.westmidlands@nhs.net)

Type of Course/Events	Course dates	Course times	No of attendees	Fee
Level A IAPT Practitioner Training	5, 6, 12, 13, 26 Sept	9:00 - 4:30	11	Funded through HEE.W.M.
Educational Network Meeting	22 Sept	1:30 - 4:30		No fee
Level A Practitioner Training - 1 <sup>st</sup> follow up day / day 6	10 Oct	9:30 - 4:30	11	
Level A IAPT Practitioner Training <b>Nottingham venue</b>	17, 18, 19, 20, 24 Oct	9:00 -4:30	10	Funded through HEE. E.M.
Level A Practitioner Training - 2 <sup>nd</sup> follow up day, Stafford (open to Nottingham trainees)	8 Nov	9:00 - 1:00		
Educational Network Meeting Topic - tbc	8 Nov	2:00 - 4:30		No fee
Level A Practitioner Training - 1 <sup>st</sup> follow up day / day 6 <b>Nottingham venue</b> (open to Stafford trainees)	17 Nov	9:30 - 4:30		
Level A Practitioner Training 2 <sup>nd</sup> follow up day, Stafford (open to Nottingham trainees)	5 Dec	9.00 - 1.00		
Level D Advanced Practitioner/Supervisor Training (preparation for the course)	5 Dec	1:30 - 4.30		
<b>2017</b>				
Level D Advanced/Supervisor Training – days 1 & 2	9 & 10 Jan	9:30 – 4:30		Funded by HEE.W.M. & HEE.E.M. Also open

				to non-funded applications (£1,000)
Level A Practitioner Training – Follow up day, <b>Nottingham venue</b> (open to Stafford trainees)	23 Jan	10:00 – 3:00		
Level A IAPT Practitioner Training, Stafford – days 1 to 5	21, 22, 24, 28, Feb, 1 Mar	9:00 - 4:30		Funded by H.E.E.W.M. Also open to non-funded applications (£1,000)
Level D Advanced/Supervisor Training - day 3	27 Feb	9:30 - 4:30		
Educational Network Meeting Topic: Domestic Abuse	7 Mar	2:30 - 4:30		No fee
<b>Type of Course/Events</b>	<b>Course dates</b>	<b>Course times</b>	<b>No of attendees</b>	<b>Fee</b>
Level D Advanced/Supervisor Training – day 4	27 Mar	9:30 - 4:30		
Level A Practitioner Training - Follow up day / day 6, Stafford trainees (open to Nottingham trainees)	10 Apr	9:30 - 4:30		
Level D Advanced/Supervisor Training – day 5	24 Apr	9:30 – 4:30		
Supervisor Refresher Day (there will be some preparation for attendance on this training event)	8 May	9:30 - 4:30		£100 – reduced to £80 for anyone who has undertaken training through IPT West Midlands
Level A Practitioner Training - Follow up ½ day	17 May	9.00 - 1.00		
Educational Network Meeting Topic: Perinatal and IPT	17 May	2:00 - 4:30		
Supervisor training for trainee supervisors. Level D Advanced/Supervisor Training ½ day	19 Sept	9.30 - 1.00		
Educational Network Meeting Topic: Workshop on Medically	19 Sept	2.00 - 4.30		

Unexplained Symptoms.				
Level A IAPT Practitioner Training – days 1 to 5	25 & 26 Sept 2, 3, 16 Oct	9:00 - 4:30		Funded through HEE W.M. (Non- funded applications £1,000 with no additional fees for extra top up days attended at Stafford or Nottingham )
Level A Practitioner Training – 1st follow up day / day 6 (open to Nottingham trainees)	8 Nov	9:30 - 4:30		
Level A Practitioner Training - 2 <sup>nd</sup> follow up (open to Nottingham trainees)	4 Dec	9:30 - 4:30		