



Minutes of the Executive Committee Meeting

Friday 19th July 2019 at 11am – 12 noon

1. Apologies

Received from LR, CE, PW, JA, JT. J.B.

2. Review of previous minutes – there was no review

3. Chair and Deputy Chair Updates:

The IPTUK data is now backed up. This is through Green Cloudhosting.co.uk They are registered on the G-Cloud National Framework and deemed acceptable for use by the NHS and other Health organisations.

Regional Reps Update – 3 new Regional Reps have been added. Debbie Woodward in South Wales, Jonny Sibbring in Derby and Michele Burden in the South East. Marie and Jane have assisted with these new CPD events. The website has been updated.

Newsletter Jane, with the help of Rachael, is currently putting together a Newsletter to update members about forthcoming events, and recent changes. More photography is being used to show members what people look like and Jane has developed a map of where the Representatives are across the UK. This will go onto the website once we get another two photos back from Reps.

Jane and Marie are trying to recruit more new Reps to widen our coverage across the UK and offering to support in the setting up and launching of these.

4. BACP

5. Fiona Ballantine-Dykes – Chief Professional Standards Officer

Marie gave an update about making initial contact with the BACP re the accrediting of the IPT courses. To date there have been two emails and a telephone conversation with Fiona Ballantine-Dykes who is the Chief Professional Standards Officer. It has been agreed that we will discuss this again on the 9th Sept at our next T.C. meeting, but in the meantime Marie will get more information from the BACP to

see what their process would be and what they would be offering. With more information we can take this conversation further. **Jamie please can you add this to the next T.C. agenda.**

6. Additional Admin and Laptop

Discussion around Jess's temporary replacement (5 July – 26 Sept). Rachael Doig is being introduced to the members via the newsletter to go out end of July. Further discussion re whether Rachael might stay on permanently, but needing to consider whether it may be preferable to advertise the post with some specific requirements for the additional role, particularly in relation to ensuring that all National Meetings need to be attended in May and Nov as we need to have admin support at every meeting. This will need to be discussed again at the next Exec meeting on the 9th Sept. The second laptop that will be required, if we appoint a second permanent admin, was not discussed as this is too premature.

7. Timings of Network Meetings

Marie brought up the subject about whether it would be possible for the Business Meetings to be attended by everyone rather than just supervisors and trainers as she felt that members who attended in the afternoon only may get a lot more out of the day. Fiona added that many who down from Scotland travel a long way just for the afternoon session. Discussion around making the afternoon more interactive and giving more feedback from the committee to members could be an option rather than make any changes to the Business Meeting, which would not really be appropriate.

8. New Committee Member

Marie advised that Debbie Woodward, who is a trainer and new Representative for the South Wales CPD events has expressed an interest in joining the committee. It was agreed that this would be added to the next T.C. meeting on the 9th September. **Jamie please can you add this to the agenda.**

9. ISIPT Mailing List

Fiona and Paul, as research leads, have asked if their fee can be paid to join ISIPT - this is mainly for the international mailing list where the most current international research is circulated so we can then inform IPT-UK members - looking at the website this is \$100 each. This was agreed and Fiona was asked to contact Liz regarding the payment of these two membership fees.

10. Communications Lead Position

Marie asked whether there were any further thoughts about this post and a discussion took place about what the role entailed, acknowledging that this is a role that would need to be paid as it requires specialist skills. We are

still unclear about the specifics of the role and where we wish to take things currently. To be discussed again in future meetings.

11. Future Dates for Executive Committee Meetings

Jamie has requested that the dates of the Exec meetings are not held on a Friday as he is not able to attend. It was agreed that we would revert back to holding these after the T.C. meetings. The next date will be on Monday 9th Sept at 3.15 pm – 4.15 pm (We will have a 15 mins break after the T.C. meeting and there will be a separate log in/call in for this meeting). Rachael will be able to set this up for us.

12. AOB

IAPT paperwork

The S.W. region has some confusion re the supervision paperwork that they are using. They are querying the differences in Ros' and Liz's course. Ros has responded to Julia who raised the query to clarify.

All IAPT IPT paperwork is available on the IPTUK website. **Jamie, I think that this has also been added to the next T.C. meeting about the changes.**

Fiona emailed us all, prior to the meeting, **an overview of the NICE Guidelines for depression in children and young people**, which covers identifying and managing depression in children and young people aged 5 to 18 years. Based on the stepped-care model, it aims to improve recognition and assessment and promote effective treatments for mild and moderate to severe depression. This guideline covers identifying and managing depression in children and young people aged 5 to 18 years. Based on the stepped-care model, it aims to improve recognition and assessment and promote effective treatments for mild and moderate to severe depression.

Fiona asked that it be loaded onto the website, **Marie to action.**

Date of next meetings:

Mon 9th September **Training Committee Meeting 1.30 pm – 3.00 pm**
" " " **Exec Committee Meeting 3.15 pm – 4.15 pm**

NB. Yvonne will not be attending.

Please note that **Marie** will be overseas, but still planning to join the meeting. Rachael will be able to set up the Web Ex Cisco invites to us all. **Jane** will Chair the Exec meeting though in case Marie has any problems with connecting the call.