

DEPUTY CHAIR, IPT UK: A YEAR ON

Dr Yvonne Hemmings
Clinical Psychologist
IPT-UK accredited practitioner and supervisor
yvonne.hemmings@nhs.net

Objective 1: Clarifying roles

- Deputy Chair – new role
- Roslyn Law has been Chair IPT-UK for eight years – how does the role need to change?
- Ros has been serving across the committee which has perhaps led to some blurring of the boundaries of the role.

Objective 1: Clarifying roles

Plan:

- I will work with Ros to clarify the key roles of Chair and Deputy Chair, and ensure these are communicated across the executive committee.
- In broad strokes, the role is likely to be about keeping an overview of the work across organisation and holding Executive Committee members to account, ensuring we work effectively as a team.
- These presentations are a helpful starting place in clarifying roles across the committee. Can we be clear about respective areas of responsibility?
- I will keep track of progress towards goals committee-wide

Deputy Chair

Responsible for:

- Taking lead role on, or supporting with (NICE guidelines!), specific projects as agreed with the Chair
- Shadowing and supporting the responsibilities of the Chair for one year, followed by two years as Chair
- Liaising with regional Leads
- Following up on Exec Committee goals

Responsibilities as Chair will include

- • Managing IPT UK Administrator (works 1 day a week)
- • Arranging and chairing IPT UK meetings and conference calls
- • Approving Minutes of IPTUK network meetings for circulation
- • Overseeing running of IPTUK subcommittees and gathering progress reports for dissemination to the wider network
- • Ensuring an effective relationship between IPT UK and the membership
- • Representing IPTUK to external agencies and organization in order to maintain the organizations professional standing
- • Promoting the professionalization of the IPT and IPT-A workforce
- • Initiating and implementing executive committee elections according to the agreed timetable
- Scoping interest for a new Deputy Chair next year!

Ros will continue to support as outgoing Chair until a Deputy Chair is elected next year.

Objective 2: promote better communication with the membership

- Increasing the involvement of the membership. How can we communicate better with the membership and encourage their involvement and attendance at events?
 - We have been working on eliciting more feedback from the membership about how they want IPT-UK to work for them – see survey results
 - All presenters at national meetings are now asked permission for educational seminars to be recorded and uploaded on the website – to give members who can not attend access to the presentations, where permission is given.
 - - Reminder emails containing details about upcoming events are now sent further in advance, including content of educational seminars in national meetings as requested by the membership
 - CPD certificates are now issued to anyone who attends the national meetings/ educational seminars as requested by the membership

Objective 2: promote better communication with the membership

- How can we ensure members are kept well enough up to date with news about upcoming events, or changes to the accreditation and training processes?
- Updates to the website - news, events, who's who, regional pages
- More regular newsletters
- Summary newsletters going out following meetings, summarising the meeting, directing to the slides/ recordings on the website, and giving advance notice of the next event

Objective 2: promote better communication with the membership

- Survey

Objective 3: continue work towards professionalising IPT-UK

- IPT-UK began as a small special interest group and has grown, especially with the advent of IAPT, into a more professionalised organisation responsible for holding the accreditation of our members.
- As a small organisation, we need to continue to work towards a way of more effectively and sustainably holding accreditation.
- We know there are people practising without accreditation, and people who are accredited who are not meeting CPD commitments.
- What can we do about this as a small and relatively low resourced organisation?

Objective 3: continue work towards professionalising IPT-UK

Plan:

- Following the introduction of membership fees in the last year, and with a newly elected Executive Committee and funded admin support, we have a new and interesting opportunity to drive forward the agenda of growing and professionalising the organisation. How can we make the most of this opportunity?
- Work done this year by Exec Committee, overseen by Chair team:
 - IAPT page on website
 - Improved resources area
 - Ongoing improvements to accreditation and re-accreditation process, although still work to be done here
 - TC work on host accreditation bodies for course accreditations
 - TC and Chair team work on conduct policy, complaints procedures, CPD requirements for re-accreditation

Transition to Chair

- As of April, I have transitioned to role of Chair
- Ros continues to support as outgoing Chair (as font of all knowledge!) but responsibility now rests with me
- Ros and I have worked over the last year to decide which work should rest with Chair and which with other members of the Exec Committee – I will continue to oversee the work of the Exec Committee
- I will endeavour to be accessible to members and open to ideas and feedback – please do email Jess on contact@iptuk.net or myself directly on yvonne.hemmings@nhs.net

QUESTIONS?

Thank you!