



Code of Conduct

As an IPT UK-accredited member, you also have a core mental health qualification and thus are bound by a Code of Conduct from your own professional body. However, a condition of becoming an accredited member of IPT UK is to read and abide by the IPT UK Code of Conduct below. This Code is applicable to your role as an IPT practitioner, supervisor and/or trainer, as relevant or appropriate.

As an accredited member of IPT UK, you should:

1. Abide by the principle that the welfare and wellbeing of service users who undertake IPT is of paramount concern.
2. Deliver IPT and conduct IPT-related activities according to a high standard and in accordance with IPT UK accreditation framework.
3. Maintain a high standard of personal conduct, including honesty and integrity, and avoid behaviours which would compromise public confidence.
4. Maintain good practice with regard to issues of confidentiality and consent when conducting IPT and IPT-related activities.
5. Inform IPT UK and other appropriate organisations about issues of concern related to your professional standards and/or conduct.
6. Cease or limit IPT practice if your performance is impaired by physical and/or mental ill-health.
7. Work within the limits of your IPT knowledge and skills.
8. Ensure your knowledge and skills in IPT are up-to-date.
9. Communicate appropriately when conducting IPT and IPT-related activities.
10. Keep good records of your IPT and IPT-related work.

Please find below further details about each item in the Code:

1. Abide by the principle that the welfare and wellbeing of service users who undertake IPT is of paramount concern.

IPT and IPT-related activities should be delivered in a way that best protects or enhances the welfare and wellbeing of service users. You should follow appropriate risk management procedures with regard to service users and others at possible risk in connection with the service user, and take action according to the appropriate policies and procedures.

You must refrain from behaviours which are exploitative towards service users sexually, financially or emotionally, or that are harmful in any other way. Appropriate boundaries in relationships with service users must be observed.

All service users should be treated fairly and equally. You must not behave in a discriminatory manner towards service users on the grounds of race, age, disability, religion, lifestyle, sexuality, or any other aspect of their diversity.

2. Deliver IPT and conduct IPT-related activities according to a high standard and in accordance with IPT UK accreditation framework.

IPT should be delivered to service users after an assessment of their needs and in accordance with the evidence base, both in terms of selection of clients and the manner of its delivery.

IPT and its related activities should be delivered in a way that maintains fidelity to the IPT model; variations or adaptations need to be justified on reasonable grounds.

You need to honour professional commitments in a reliable manner and be responsive to feedback.

Supervision of another's work should be conducted in a competent and reliable manner, observing appropriate boundaries and delivered in accordance with the supervision contract. Supervision and training must be conducted in a way that does not discriminate against others on the grounds of race, age, disability, religion, lifestyle, sexuality, or any other aspect of their diversity.

3. Maintain a high standard of personal conduct, including honesty and integrity, and avoid behaviours which are likely to compromise public confidence in IPT UK.

You should behave with honesty and integrity in relation to personal conduct and refrain from behaviours which would compromise public confidence your practice or in IPT UK.

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4. Maintain good practice with regard to issues of confidentiality and consent when conducting IPT and IPT-related activities.

Information about service users should be treated as confidential and can only be disclosed to others who are authorised to receive it. Consent to use confidential information must be sought from service users when used for purposes of teaching and/or research. Data protection laws must be observed and confidential information should be stored according to best practice.

5. Inform IPT UK and other appropriate organisations about issues of concern related to professional standards and/or conduct.

You need to inform IPT UK and other appropriate organisations, such as employers and professional bodies, about police action and/or criminal proceedings against you. Convictions or cautions for a criminal offence may result in suspension or removal from the IPT UK register. Convictions or cautions for criminal offences resulting in a prison sentence and/or involving violence or other abusive behaviour, sexual misconduct (including viewing images of child sexual abuse), dishonesty or the supply of drugs are likely to result in removal from the IPT UK register.

You also need to inform IPT UK about disciplinary proceedings or suspension in your workplace, from a professional body or any other relevant organisation. You should provide information about and participate fully in procedures aimed at investigating your own or other's professional standards and/or conduct.

IPT UK and other organisations, as appropriate, should be informed if you are aware that other IPT UK-accredited members or other professionals are engaging in criminal activities. You should also inform IPT UK if you are aware of poor standards or unacceptable conduct shown by other IPT UK-accredited members or other professionals.

6. Cease or limit IPT practice if performance is impaired by physical and/or mental ill-health.

You are responsible for taking appropriate steps if your mental and/or physical health issues impact on the delivery of your IPT or IPT-related activities. If necessary, you should make adjustments to your workload or cease practice until fit for work.

7. Work within the limits of your IPT knowledge and skills.

You should refer service users to another practitioner if their needs are beyond your own level of IPT knowledge and skills. You should ensure you are appropriately trained for your level of practice (i.e. practitioner, supervisor or trainer) according to IPT UK accreditation standards.

8. Ensure your knowledge and skills in IPT are up-to-date.

It is your responsibility to ensure that your knowledge and skills in all areas of your IPT practice are up to date. You should follow IPT UK standards with regard to regular supervision and CPD.

9. Communicate appropriately when conducting IPT and IPT-related activities.

You need to communicate in an effective way with services users and other people, networks or agencies, as appropriate.

Advertising your services as an IPT practitioner, supervisor and/or trainer must be done in an appropriate and truthful manner.

10. Keep good records of your IPT and IPT-related work.

Records of your work with service users should be written in an accurate and timely manner.