# Appendix 13

## Case Report Template (Supervisor)

Please note this summary should not contain information which enables the case(s) or therapist(s) or your service to be identified. If you are able to include formal assessment measures or have other documentation, please include it.

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| **Your Name** |  |
| **Professional background, e.g. counsellor, clinical psychologist** |  |
| **Name of Supervisor** |  |

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| **Supervisee/Group Supervised – number; training stage: supervisees, practitioners** |  |
| **Professional background(s) of supervisee(s)** |  |
| **Case number(s) supervised (1st – 6th) – for each patient for each therapist** |  |
| **Patients’ age(s)** |  |
| **Patients’ sex** |  |
| **Source of referral e.g. Self referral, step up, GP** |  |

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| **Which audio recordings did you review?**  Please state phase of treatment e.g. early, middle, ending and session number. Please indicate if recordings for any phase had to be resubmitted, and if so which.  Please provide copies of written feedback provided on therapy recordings. |  |
| **Please give details of the therapy sessions provided: include number of sessions offered and attended, and duration of contact e.g. 6 months for each case supervised** |  |
| **Type of supervision offered e.g. group, individual, telephone.** |  |

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| **Briefly outline the format followed in selecting cases to bring to supervision**. How effective was this in selecting clients for IPT training cases? Which IPT supervisory competencies did you demonstrate? How would you improve this, if at all? |
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| **Provide an outline of the format used to prepare for supervision.**  How effective was this in preparing you as supervisor and the supervisee(s) for supervision? Which IPT supervisory competencies did you demonstrate? How would you improve this, if at all? |
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| **Describe the format of the supervision sessions.**  How effective was this in creating a useful and constructive format for IPT supervision? Which IPT supervisory competencies did you demonstrate? How would you improve this, if at all? |
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| **Describe you experience of supporting supervisee(s) to complete the early tasks of IPT.**  How effective was this in supporting supervisee(s) to demonstrate the early sessions’ competencies? What difficulties did you encounter and what solutions did you find? Which IPT supervisory competencies did you demonstrate? How would you improve this, if at all? |
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| **Describe how you supported supervisee(s) to prepare an interpersonal formulation.**  How effective was this in supporting supervisee(s) to demonstrate this competency? What difficulties did you encounter and what solutions did you find? Which IPT supervisory competencies did you demonstrate? How would you improve this, if at all? |
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| **Which focal areas did you supervise?** |
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| **Provide an outline of the process of supervision in the middle sessions.**  Include strategies to support supervisees in demonstrating required practitioner competencies, integrating general and focus specific strategies, integrating self assessment and supervisor assessment, How effective was this in supporting supervisee(s) to demonstrate the middle sessions’ competencies? What difficulties did you encounter and what solutions did you find? Which IPT supervisory competencies did you demonstrate? How would you improve this, if at all? |
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| **Describe the process of supervising the ending phase**  including preparation during therapy,process in the final stage and outcome of treatment(s).Which IPT supervisory competencies did you demonstrate? What difficulties did you encounter and what solutions did you find? How would you improve this, if at all? |
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| **Describe your experience of completing audio rating assessments of recorded sessions.**  What difficulties did you encounter and what solutions did you find? Which IPT supervisory competencies did you demonstrate? How would you improve this, if at all? |
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| **Provide a brief reflection on the process of supervising IPT.**  Include a brief description of how the supervision model was useful; what did you learn; what where the challenges or difficulties in applying the model to this case; which supervisory competencies have you demonstrated and which competencies will you focus on developing in the future; what would you do differently in the future; what went very well. |
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