



## **Minutes of IPT UK North West Regional Meeting 29<sup>th</sup> September 2022**

Introductions and welcomes from regional reps Jane Taylor and Kathryn Denham reminding attendees that this will be their final regional meeting as reps for IPT UK.

Updates on the IPT UK website and navigation of the website expertly done by Rachael from IPT UK admin team with highlights including research projects completed and ongoing as well as reminders about the following national/international events:

- IPT UK NATIONAL MEETING, 11th November 2022 (online)

CPD event: “The Adaptation of IPT for PTSD for the Adolescent Population” with Shayne Ragbeer, Laura Mufson, and Viktoria Cestaro leading the training.

- International ISIPT Conference which will be held in Newcastle on 12-15th March 2024.

Sam Heywood spoke about upcoming vacancies for staff on the IPT-A training at Prestwich and associated discussions were generated within the group.

As mentioned at the start of the meeting, Jane and Kathryn reminded everyone that the role of regional rep(s) for the North West is now vacant due to changes in direction for both as well as giving opportunity to others to take on the role.

Jane and Kathryn gave an overview of the role and what to expect.

Discussions and suggestions on how this could work in the future

Agreed that individuals may not wish to volunteer during today’s meeting and those who haven’t attended may wish to consider the role.

Kathryn will, therefore, draft a short document with the highlights of the role which Rachael kindly agreed to send around all the NW members.

Today’s attendees offered their thanks and appreciation to Jane and Kathryn for their work in the role over the past few years.

Rachael reminded everyone to complete the feedback form at the bottom of the Zoom invitation PDF. Once received Rachael will send out attendance certificates for everyone’s CPD files.