**Interpersonal Counselling IPC Training**

**Application form**

**Name of applicant**

**Address**

**Telephone**

**Email**

**Job role**

We are excited to let you know of this training opportunity in Interpersonal counselling (IPC).

IPC is an adaptation of IPT with three main differences: the treatment duration is shorter (3-6 sessions); it is designed for clients with mild depression; or distress and it can be delivered by mental health as well as by non-mental health professionals after participation in a brief (two day) training course.

The duration of this training is 2 days: on 1st and 2nd of February 2021 which will take place via zoom, facilitated by Dr Elizabeth Robinson, IPT trainer and supervisor and by Viktoria Cestaro CPsychol, IPT trainer and supervisor and co-developer of IPC for Adolescents

The training consists of mixture of didactic teaching, demonstrations of relevant competencies via roleplay, video materials as well as discussions in the breakup groups. During this training you will learn all the strategies relevant to delivery of IPC and you will have an opportunity to see some examples as well as opportunity to practice these strategies.

Following on from this two-day training, there is an opportunity to attend weekly specialist IPC supervision, where you will be supported to work towards completing standards to practice IPC. This training is supported by the national body, IPT UK. This will involve attending weekly supervision for a duration of at least 4 months, followed on by monthly supervision for another 4 months. You will be guided on the acquisition of competencies in IPC. As a part of the training, you will be required to submit 4 tapes for marking, demonstrating your work with IPC on two clients. For more information contact Viktoria at [viktoriabekeniova@hotmail.com](mailto:viktoriabekeniova@hotmail.com) **Please note there is an additional cost associated with this.**

**Please complete below expression of interest supporting statement and return document to** **Susan at pst.ltd@outlook.com**

**Supporting statement*:*** *Please specifically state the following:* **Supporting statement*:*** *Please specifically state the following:*

* How this course is relevant to your current work?
* What are your experiences with IPT/ IPC.
* Your understanding of the course and the commitment required.

(Approx. 350-500 words)