

As we are unable to leave these on screen during the breakout sessions it might be helpful if you can print out or save so that you have these to hand on the day.

All scenarios are real experiences. All names and, in some cases gender, have been changed.

Groups and Scenarios for the morning Session.

Group 1,2, 11 ,12 & 21	Scenarios
	1. Paul died as a result of Covid, aged 74. The last time Pauline, his wife, saw him was when the ambulance crew took him from their house into hospital, before he died four days later.
	2. Deb’s 12-year-old daughter, Stacey, tried to rescue her dog which had fallen through frozen ice in the local park. Stacey subsequently fell through the ice as well. An off-duty firefighter, Rick, passing by with his wife and daughter went to rescue her. Stacey had by now, disappeared into the water. Rick struggled with the intense cold and, with his family watching, lost consciousness and also went under the ice. A third passer-by also attempted a rescue. All three died. The dog climbed out of the pond, unaided.

Group 3,4, 13,14, & 22	Scenarios
	3. Paul’s daughter, Jen, who he had looked after on his own since she was very little, had complex health needs from birth. During the pandemic, she was admitted to hospital as an emergency with respiratory difficulties during the pandemic, and subsequently moved over 100 miles to a different hospital due to lack of available space. While in hospital, she contracted the coronavirus and died. Paul struggles to overcome his anger so he ‘can feel the sadness’.
	4. Julie’s husband died in prison of natural causes. He was halfway through a 15-year sentence for sexual offences against children. Julie has ‘chosen to believe him to be innocent’.

Group 5&6, 15,16 & 23	Scenarios
	5. Phil was driving his car to work one morning when, on a bend, an oncoming lorry lost control and slid across the road. Phil’s car went

	underneath the trailer at ninety degrees, taking off the roof of his car and killing him instantly. His mum says she wishes to die to be with him.
	6. Katie became pregnant as a result of being raped. She terminated her pregnancy but brought baby home rather than using the hospital services to dispose of the body. She wishes to have a funeral as “the baby deserves that at least”.

<b>Group 7,8, 17,18 &amp; 24</b>	<b>Scenarios</b>
	7. Muriel was 106 when she died. Her son is 87. His wife has also just died.
	8. Ricky lost her Nan (who she was particularly close to), then her sister and then her grandpa within a couple of months. She can't remember whether she grieved for her Nan.

<b>Group 9,10,19,20 &amp; 25</b>	<b>Scenarios</b>
	9. Paul tried to save his mum after she collapsed by giving her CPR. He tried his best, but it wouldn't have worked as she had an intestinal haemorrhage.
	10. Amal's mum died after living with increasingly debilitating dementia for more than four years. Amal is glad that her mum is 'now at peace', but feels she missed the opportunity to say goodbye as her mum had 'already gone'.

Afternoon session breakout room scenarios.

Group 1,2, 17,25	Scenario
	<p>Liam had struggled with both his mental health and with drug use for some years. He had spent a period clean though had returned to using heroin, despite wanting to do his best to be a dad to his young family. After he was found, having ended his life by hanging, his partner Mandy told me about his violent past and how he was beaten as a child and said, "He was always going to do this. He just couldn't feel anything anymore".</p>

Group 3,4, 18	SCENARIO
	<p>2. Baz smoked a lot of weed. Although no longer living with his partner, Ola, he saw a lot of her and their two grown up children. The last few months of life, however, Baz became more reclusive with frequent episodes of destructive behaviour, smashing up his furniture. Baz died by overdose. Alongside his body was a note saying he was sorry and that he simply could not go on. Ola feels distressed that she had left him.</p>

Group 5,6,19	Scenario
	<p>3. Tracy's mum, Bev, said, "I just never thought she'd do it. She was always so full of life. She had cut herself before but that was just attention seeking – though I don't know how she stood the pain. The more she did it though, the easier it seemed to get. I never thought she would do any more than that." Tracy ended her life by jumping in front of a train. Bev struggles with the violence of how she died.</p>

Group 7,8,20	Scenario
	<p>4. Following losing his business during Covid, Paul felt 'useless'. He had to move back in with his parents, and his two young sons who had been living with him now went to live with their mum. His dad, Geoff, came home one day from work to find him lifeless, and evidence of him consumed large amounts of alcohol and tablets. Geoff worried that he may have planted the idea as, in his concern for Paul, he had asked him if he was suicidal.</p>

Group 9,10,21	Scenario
	<p>5. Sue's 34-year-old husband, Steve, struggled with mental health issues. After an untypical spree of criminal offences, he was being held in custody, where, awaiting trial and isolated without the drugs he had been prescribed, he ended his life by suicide in his cell. Steve's children are 3, 9 and 14.</p>

Group 11,12,22	Scenario
	<p>6. Brian, aged 63, was visited weekly by his brother and sister, as they knew he was scared to go out. They arrived at his house to find a small note taped by the keysafe, saying "DO NOT ENTER: CALL POLICE". The police were called, and Brian was found hanging from the banister. The post-mortem estimated he had been dead for nearly a week. Recently Brian had given his football trophies to his nephew and his record player to his niece. His brother and sister had thought this was "a bit of the blue".</p>

Group 13,14,23	Scenario
	<p>7. Although Anton was financially secure, he was worried about the recent energy bill rises being reported on the news. One night in the pub he told his friend that he couldn't stand hearing about it anymore. His friend laughed it off and reminded him that he was doing alright. That night Anton took his own life. He left notes to his siblings, his friends and the neighbours and also wrote cheques to people he felt were in need, including his friend from the pub, saying "have a drink on me".</p>

Group 15,16,24	Scenario
	<p>8. A neighbour broke into Tony's flat to see if he was ok. Shocked to find him hanging, he left the scene to phone the police, leaving the front door open as he left. During the time he was away from the house, some young people came in and took pictures of Tony's body which were shared on social media. Tony's son arrived after the body had been removed. He is "overwhelmed with anger and shame".</p>